

Circuito BTT Nocturno - Freguesias de Portalegre

Prova da Freguesia de Carreiras - Tempos por volta

1 FILIPE DUARTE SILVA FERNANDES					C.P.T. S.ºEo Cristov.ºEo														
Melhor Volta	1	00:03:31.741	Pior Volta	22	00:05:10.708	Média por Volta	00:04:37.7	Totais	26	02:00:21.660									
1	03:31,741	2	04:08,020	3	04:36,401	4	04:39,560	5	04:24,985	6	04:39,694	7	04:29,141	8	04:34,594	9	04:39,753	10	04:42,151
11	04:43,382	12	04:41,639	13	04:38,748	14	04:30,807	15	04:33,639	16	04:36,771	17	04:35,724	18	04:42,033	19	04:31,732	20	04:40,575
21	04:50,897	22	05:10,708	23	05:01,371	24	05:06,196	25	04:42,894	26	04:48,504	27		28		29		30	
31		32		33		34		35		36									

2 PEDRO MIGUEL SEQUEIRA CARVALHO					Individual														
Melhor Volta	2	00:03:38.512	Pior Volta	25	00:05:17.378	Média por Volta	00:04:25.1	Totais	28	02:03:43.192									
1	03:40,840	2	03:38,512	3	03:49,753	4	04:03,449	5	04:08,777	6	04:18,585	7	04:20,530	8	04:17,130	9	04:19,106	10	04:21,733
11	04:23,876	12	04:19,992	13	04:25,947	14	04:27,815	15	04:18,215	16	04:22,931	17	04:23,588	18	04:16,431	19	04:22,032	20	04:26,180
21	04:38,718	22	04:38,480	23	04:50,528	24	04:48,709	25	05:17,378	26	05:06,169	27	04:41,530	28	04:56,258	29		30	
31		32		33		34		35		36									

3 RODRIGO SANTOS LAIDEIRA					Rodas S.Mamede														
Melhor Volta	1	00:03:49.080	Pior Volta	26	00:05:42.477	Média por Volta	00:04:28.4	Totais	27	02:00:49.417									
1	03:49,080	2	03:52,138	3	03:59,721	4	03:58,473	5	04:10,419	6	04:13,690	7	04:11,083	8	04:10,786	9	04:29,278	10	04:17,931
11	04:18,363	12	04:14,575	13	04:20,561	14	04:32,842	15	04:22,309	16	04:37,866	17	04:41,903	18	04:41,967	19	04:16,472	20	04:22,065
21	04:33,389	22	05:11,619	23	04:32,836	24	04:57,753	25	05:22,852	26	05:42,477	27	04:46,969	28		29		30	
31		32		33		34		35		36									

5 VICTOR MANUEL BARRADAS ROSADO					A.D.FLOR DA ROSA														
Melhor Volta	1	00:03:37.129	Pior Volta	10	00:06:14.408	Média por Volta	00:04:49.4	Totais	25	02:00:35.464									
1	03:37,129	2	04:31,782	3	04:25,662	4	04:41,657	5	04:59,414	6	04:40,316	7	05:01,725	8	05:02,683	9	04:52,295	10	06:14,408
11	04:43,018	12	05:54,113	13	04:26,311	14	04:21,574	15	04:22,716	16	04:53,964	17	04:26,135	18	04:31,611	19	06:12,117	20	04:43,136
21	04:43,626	22	04:55,611	23	04:46,316	24	04:49,116	25	04:39,029	26		27		28		29		30	
31		32		33		34		35		36									

7 CARLOS VERISSIMO MOUSINHO MADUREIRA					Ases do Pedal 1														
Melhor Volta	1	00:03:12.788	Pior Volta	32	00:03:49.126	Média por Volta	00:03:39.0	Totais	33	02:00:27.497									
1	03:12,788	2	03:29,288	3	03:34,810	4	03:33,755	5	03:36,543	6	03:31,217	7	03:35,422	8	03:32,971	9	03:35,017	10	03:42,393
11	03:42,362	12	03:41,927	13	03:34,025	14	03:40,208	15	03:39,276	16	03:37,167	17	03:29,582	18	03:39,595	19	03:44,454	20	03:40,858
21	03:45,771	22	03:44,232	23	03:47,987	24	03:44,578	25	03:41,597	26	03:40,104	27	03:39,629	28	03:44,841	29	03:40,954	30	03:44,360
31	03:43,284	32	03:49,126	33	03:47,376	34		35		36									

8 JOAO JOSE MENDES MARVANEJO					Ases do Pedal 1														
Melhor Volta	1	00:03:12.042	Pior Volta	33	00:03:49.286	Média por Volta	00:03:37.6	Totais	34	02:03:21.586									
1	03:12,042	2	03:21,042	3	03:29,782	4	03:37,320	5	03:39,170	6	03:40,532	7	03:35,997	8	03:40,084	9	03:43,215	10	03:41,083
11	03:37,229	12	03:39,178	13	03:37,709	14	03:38,016	15	03:36,327	16	03:32,568	17	03:26,848	18	03:31,765	19	03:37,517	20	03:37,139
21	03:36,672	22	03:38,815	23	03:36,542	24	03:38,784	25	03:32,742	26	03:38,756	27	03:45,178	28	03:46,369	29	03:45,549	30	03:48,197
31	03:45,218	32	03:41,317	33	03:49,286	34	03:43,598	35		36									

9 JOSE PAULO COELHO CEIA					Rodas S.mamede														
Melhor Volta	2	00:03:55.300	Pior Volta	11	00:05:25.899	Média por Volta	00:04:34.7	Totais	27	02:03:37.566									
1	03:59,295	2	03:55,300	3	03:59,825	4	04:15,225	5	04:13,609	6	04:14,911	7	04:23,704	8	04:24,230	9	04:27,126	10	04:28,646
11	05:25,899	12	04:20,349	13	04:29,295	14	04:27,167	15	04:33,864	16	04:26,542	17	04:43,106	18	04:40,250	19	04:35,749	20	04:41,656
21	04:57,830	22	05:05,638	23	04:54,479	24	04:56,038	25	05:02,870	26	04:50,318	27	05:04,645	28		29		30	
31		32		33		34		35		36									

10 TIAGO LAVADELAS					BTTAssumar/Muachos														
Melhor Volta	1	00:02:58.877	Pior Volta	29	00:03:56.670	Média por Volta	00:03:23.7		Totais	36	02:02:14.282								
1	02:58,877	2	03:08,174	3	03:09,838	4	03:16,007	5	03:17,332	6	03:24,136	7	03:22,872	8	03:22,427	9	03:24,124	10	03:20,074
11	03:28,446	12	03:20,290	13	03:30,980	14	03:21,708	15	03:23,393	16	03:23,642	17	03:25,717	18	03:29,400	19	03:25,146	20	03:11,882
21	03:22,152	22	03:16,864	23	03:18,928	24	03:25,508	25	03:30,155	26	03:39,118	27	03:48,462	28	03:47,271	29	03:56,670	30	03:33,571
31	03:10,120	32	03:17,357	33	03:12,174	34	03:16,478	35	03:25,562	36	03:29,427								

12 JOÃO PAULO NUNES COSTA					CCD Serra														
Melhor Volta	1	00:03:08.739	Pior Volta	33	00:03:59.734	Média por Volta	00:03:41.0		Totais	33	02:01:35.289								
1	03:08,739	2	03:31,690	3	03:40,178	4	03:36,367	5	03:36,298	6	03:29,807	7	03:41,443	8	03:39,601	9	03:37,242	10	03:39,212
11	03:35,248	12	03:35,668	13	03:38,398	14	03:42,748	15	03:36,943	16	03:30,499	17	03:35,635	18	03:48,578	19	03:50,144	20	03:40,213
21	03:36,962	22	03:42,674	23	03:40,308	24	03:40,473	25	03:43,608	26	03:47,844	27	03:49,861	28	03:52,270	29	03:52,522	30	03:50,946
31	03:51,416	32	03:52,020	33	03:59,734	34		35		36									

13 JOAQUIM SEBASTIÃO M MATOS ROSA					Gin sio Andebol Portalegre														
Melhor Volta	2	00:04:48.571	Pior Volta	8	00:13:42.599	Média por Volta	00:05:49.3		Totais	21	02:02:15.625								
1	05:34,147	2	04:48,571	3	05:09,443	4	05:08,934	5	05:17,606	6	05:23,587	7	05:32,189	8	13:42,599	9	06:03,905	10	05:00,666
11	05:08,326	12	05:21,208	13	05:24,918	14	05:33,305	15	05:09,505	16	05:58,249	17	05:33,529	18	05:29,277	19	05:44,215	20	05:41,084
21	05:30,362	22		23		24		25		26		27		28		29		30	
31		32		33		34		35		36									

14 TI GO MANUEL TAVARES PçVOAS					Ases do Pedal 1														
Melhor Volta	1	00:04:01.057	Pior Volta	14	00:06:23.770	Média por Volta	00:05:22.1		Totais	23	02:03:29.779								
1	04:01,057	2	05:02,461	3	05:02,864	4	05:12,890	5	05:09,160	6	05:26,576	7	05:25,947	8	05:33,591	9	05:25,392	10	05:33,468
11	05:25,294	12	05:21,243	13	04:58,130	14	06:23,770	15	05:39,890	16	05:20,497	17	05:32,839	18	05:32,096	19	05:32,525	20	05:21,269
21	05:40,668	22	05:43,381	23	05:04,771	24		25		26		27		28		29		30	
31		32		33		34		35		36									

15 AMILCAR DE JESUS CARVALHO					Ases do Pedal 2														
Melhor Volta	1	00:04:43.041	Pior Volta	21	00:06:37.684	Média por Volta	00:05:43.5		Totais	21	02:00:14.053								
1	04:43,041	2	04:57,259	3	05:08,815	4	05:30,000	5	05:44,090	6	05:47,268	7	05:45,125	8	05:46,084	9	05:49,914	10	05:37,933
11	05:47,573	12	05:43,198	13	05:48,121	14	05:59,928	15	05:53,371	16	05:52,500	17	05:59,903	18	05:59,649	19	05:52,185	20	05:50,412
21	06:37,684	22		23		24		25		26		27		28		29		30	
31		32		33		34		35		36									

16 JOÇO ANTÔNIO FERNANDES					Ases do Pedal 2														
Melhor Volta	2	00:03:57.490	Pior Volta	13	00:06:55.789	Média por Volta	00:04:31.0		Totais	27	02:01:57.796								
1	04:04,181	2	03:57,490	3	04:02,921	4	04:05,157	5	04:11,261	6	04:11,033	7	04:10,568	8	04:13,483	9	04:20,115	10	04:29,623
11	04:24,135	12	04:14,454	13	06:55,789	14	04:17,604	15	04:20,818	16	04:13,824	17	04:30,577	18	04:21,805	19	04:24,030	20	04:39,767
21	05:06,013	22	04:27,642	23	04:40,262	24	04:50,024	25	04:57,814	26	04:54,381	27	04:53,025	28		29		30	
31		32		33		34		35		36									

17 LUÍS MIGUEL RICARDO PINTO					Ases do Pedal 2														
Melhor Volta	1	00:04:08.896	Pior Volta	26	00:04:47.225	Média por Volta	00:04:31.0		Totais	27	02:01:58.777								
1	04:08,896	2	04:18,314	3	04:17,879	4	04:23,879	5	04:24,484	6	04:34,747	7	04:26,548	8	04:36,265	9	04:37,094	10	04:40,085
11	04:29,376	12	04:34,275	13	04:29,847	14	04:33,740	15	04:28,317	16	04:34,978	17	04:22,218	18	04:40,081	19	04:31,339	20	04:31,876
21	04:40,790	22	04:37,408	23	04:33,058	24	04:28,328	25	04:38,590	26	04:47,225	27	04:29,140	28		29		30	
31		32		33		34		35		36									

18 TIAGO CARRILHO DA ROSA BAPTISTA

Ases do Pedal 2

Melhor Volta	1	00:03:52.372	Pior Volta	25	00:05:15.528	Média por Volta	00:04:21.9	Totais	28	02:02:15.926										
1	03:52,372		2	03:59,555	3	03:58,204	4	04:14,564	5	04:21,519	6	04:15,775	7	04:28,191	8	04:30,992	9	04:36,794	10	04:36,841
11	04:26,732	12	04:22,162	13	04:11,414	14	04:20,214	15	04:24,734	16	04:07,586	17	04:04,623	18	04:09,582	19	04:15,347	20	04:23,732	
21	04:16,186	22	04:14,659	23	04:21,845	24	04:27,726	25	05:15,528	26	04:36,052	27	04:41,415	28	04:41,582	29		30		
31		32		33		34		35		36										

19 LUÍS JÉLIO ALVEGA DE MATOS

Ases do Pedal 3

Melhor Volta	2	00:03:38.362	Pior Volta	28	00:04:28.409	Média por Volta	00:03:59.7	Totais	31	02:03:53.045										
1	03:39,488	2	03:38,362	3	03:43,345	4	03:40,929	5	03:49,049	6	04:01,963	7	03:52,572	8	04:04,890	9	03:54,274	10	04:05,135	
11	03:55,939	12	03:53,722	13	03:54,325	14	04:04,905	15	03:58,936	16	03:58,563	17	03:51,357	18	03:48,387	19	03:50,488	20	03:55,083	
21	03:57,113	22	04:00,238	23	04:15,147	24	04:12,698	25	04:09,248	26	04:13,626	27	04:15,195	28	04:28,409	29	04:14,736	30	04:05,771	
31	04:19,152	32		33		34		35		36										

20 DANIEL JOS, CALADO FRUTUOSO

C.P.T. S.º Cristov.º

Melhor Volta	1	00:03:56.644	Pior Volta	25	00:06:19.834	Média por Volta	00:04:50.3	Totais	25	02:00:58.544										
1	03:56,644	2	04:12,890	3	04:23,761	4	04:24,213	5	04:24,517	6	04:37,788	7	04:32,723	8	04:32,639	9	04:39,114	10	04:42,934	
11	04:41,422	12	04:43,418	13	04:38,970	14	04:50,720	15	04:53,572	16	04:48,336	17	04:36,762	18	04:38,165	19	04:39,952	20	04:54,224	
21	05:04,234	22	05:33,480	23	05:51,564	24	06:16,668	25	06:19,834	26		27		28		29		30		
31		32		33		34		35		36										

21 FRANCISCO EMÍDIO G.ºS CANDEIAS

BTTAssumar/Muachos

Melhor Volta	2	00:04:15.879	Pior Volta	14	00:05:19.323	Média por Volta	00:04:38.8	Totais	26	02:00:50.793										
1	04:23,867	2	04:15,879	3	04:24,956	4	04:30,192	5	04:29,805	6	04:35,843	7	04:43,807	8	04:33,613	9	04:39,165	10	04:34,163	
11	04:39,982	12	04:33,971	13	04:52,111	14	05:19,323	15	04:34,315	16	04:42,926	17	04:40,660	18	04:35,062	19	04:44,045	20	04:42,183	
21	04:43,602	22	04:50,899	23	04:46,588	24	04:41,173	25	04:42,007	26	04:30,656	27		28		29		30		
31		32		33		34		35		36										

22 CARLOS CRUZ

bar esplanada A-2

Melhor Volta	2	00:03:43.775	Pior Volta	13	00:05:08.082	Média por Volta	00:04:06.6	Totais	30	02:03:19.154										
1	04:05,814	2	03:43,775	3	04:02,616	4	04:02,552	5	04:11,397	6	04:04,640	7	04:16,968	8	03:47,436	9	04:07,811	10	04:09,310	
11	03:58,571	12	03:58,138	13	05:08,082	14	03:54,437	15	04:01,346	16	04:25,966	17	03:50,687	18	04:41,128	19	03:59,288	20	03:52,373	
21	04:13,979	22	04:12,525	23	04:19,418	24	04:00,993	25	03:59,734	26	04:18,311	27	04:00,162	28	04:00,755	29	04:00,060	30	03:50,882	
31		32		33		34		35		36										

23 NELSON ANTÓNIO DAVID CARA DE ANJO

Rodas S.Mamede

Melhor Volta	1	00:03:24.501	Pior Volta	31	00:04:12.683	Média por Volta	00:03:53.0	Totais	31	02:00:23.476										
1	03:24,501	2	03:41,211	3	03:40,488	4	03:39,485	5	03:48,395	6	03:46,090	7	03:39,117	8	03:55,490	9	03:57,114	10	03:57,901	
11	03:58,514	12	03:51,427	13	03:46,458	14	03:57,523	15	03:53,268	16	03:55,221	17	04:02,645	18	04:02,196	19	03:54,195	20	03:53,999	
21	04:02,058	22	03:54,453	23	03:58,326	24	03:56,654	25	03:58,388	26	03:52,553	27	03:52,168	28	03:50,558	29	03:58,187	30	04:02,210	
31	04:12,683	32		33		34		35		36										

24 JOSÉ ANTONIO RODRIGUES BANCALEIRO

BANCALEIROBIKES

Melhor Volta	1	00:03:23.287	Pior Volta	31	00:04:10.916	Média por Volta	00:03:46.4	Totais	32	02:00:47.253										
1	03:23,287	2	03:33,566	3	03:30,579	4	03:32,260	5	03:42,231	6	03:49,356	7	03:47,713	8	03:51,288	9	03:51,620	10	03:50,676	
11	03:49,252	12	03:49,467	13	03:35,085	14	03:41,882	15	03:37,228	16	03:56,195	17	03:54,395	18	03:55,026	19	03:49,693	20	03:34,621	
21	03:41,971	22	03:46,783	23	03:49,820	24	03:45,420	25	03:50,914	26	03:52,890	27	03:44,219	28	03:48,579	29	03:49,765	30	03:53,904	
31	04:10,916	32	03:56,652	33		34		35		36										

25 BRUNO NEVES					UrraJovem Sport/Multiribeiro														
Melhor Volta	1	00:03:13.179	Pior Volta	5	00:05:24.695	Média por Volta	00:03:55.3	Totais	31	02:01:37.267									
1	03:13,179	2	03:29,501	3	03:36,551	4	03:40,430	5	05:24,695	6	03:41,069	7	03:31,372	8	03:25,650	9	03:44,632	10	03:39,015
11	03:32,331	12	03:38,800	13	03:32,959	14	03:38,558	15	03:34,039	16	03:38,659	17	03:41,474	18	03:46,879	19	03:45,789	20	03:55,418
21	03:59,044	22	04:02,044	23	04:03,129	24	04:14,196	25	04:08,252	26	04:25,535	27	05:17,703	28	04:19,355	29	04:35,004	30	04:22,714
31	03:59,291	32		33		34		35		36									

26 JOÃO PARENTE					CCD Serra														
Melhor Volta	1	00:03:01.583	Pior Volta	29	00:03:55.245	Média por Volta	00:03:25.4	Totais	36	02:03:16.429									
1	03:01,583	2	03:08,151	3	03:15,532	4	03:21,916	5	03:30,485	6	03:27,428	7	03:30,345	8	03:21,120	9	03:25,573	10	03:28,729
11	03:27,694	12	03:24,695	13	03:20,625	14	03:18,074	15	03:24,811	16	03:20,902	17	03:20,367	18	03:24,644	19	03:20,866	20	03:20,438
21	03:19,913	22	03:26,987	23	03:25,332	24	03:28,500	25	03:26,118	26	03:32,385	27	03:30,305	28	03:30,740	29	03:55,245	30	03:34,041
31	03:13,269	32	03:17,224	33	03:25,534	34	03:38,118	35	03:38,544	36	03:40,196								

27 JOS, MANUEL SEMEDO PRESADO					CCD Serra														
Melhor Volta	1	00:03:23.267	Pior Volta	32	00:04:16.413	Média por Volta	00:03:47.4	Totais	32	02:01:17.125									
1	03:23,267	2	03:30,860	3	03:30,820	4	03:30,593	5	03:38,663	6	03:33,610	7	03:38,342	8	03:40,004	9	03:43,079	10	03:46,891
11	03:46,303	12	03:49,262	13	03:42,481	14	03:39,712	15	03:47,694	16	03:51,118	17	03:45,055	18	03:47,261	19	03:48,406	20	03:49,757
21	03:49,089	22	03:51,094	23	03:53,791	24	03:45,905	25	03:50,549	26	03:56,861	27	03:50,915	28	04:00,881	29	04:02,412	30	04:05,499
31	04:10,538	32	04:16,413	33		34		35		36									

30 JOÇO MANUEL TAVARES FEIO					Rodas S.Mamede														
Melhor Volta	1	00:04:06.638	Pior Volta	15	00:05:06.110	Média por Volta	00:04:36.9	Totais	26	02:00:01.432									
1	04:06,638	2	04:21,873	3	04:20,324	4	04:26,390	5	04:20,095	6	04:35,814	7	04:45,384	8	04:31,425	9	04:41,550	10	04:31,999
11	04:31,157	12	04:18,075	13	04:28,473	14	04:38,635	15	05:06,110	16	04:56,466	17	04:59,924	18	04:36,894	19	05:00,303	20	04:38,918
21	04:44,046	22	04:43,906	23	04:55,780	24	04:50,578	25	04:40,462	26	04:10,213	27		28		29		30	
31		32		33		34		35		36									

31 ROBERTO MIGUEL BATISTA XAVIER					UrraJovemSport/Multiribeiro														
Melhor Volta	2	00:03:48.418	Pior Volta	23	00:19:35.582	Média por Volta	00:05:13.8	Totais	23	02:00:18.032									
1	04:08,117	2	03:48,418	3	07:27,664	4	05:52,098	5	04:02,880	6	04:09,009	7	04:18,728	8	04:26,442	9	04:23,892	10	04:21,174
11	04:09,397	12	04:18,525	13	04:09,885	14	04:20,451	15	04:12,793	16	04:13,881	17	04:13,557	18	05:28,745	19	04:03,925	20	06:02,408
21	04:09,987	22	04:20,474	23	19:35,582	24		25		26		27		28		29		30	
31		32		33		34		35		36									

32 HELDER MIGUEL LOPES DE PALMA					MP1 Bikes / Alain Afflelou														
Melhor Volta	2	00:03:31.707	Pior Volta	30	00:04:16.846	Média por Volta	00:03:55.6	Totais	31	02:01:45.511									
1	03:42,891	2	03:31,707	3	03:45,253	4	03:44,825	5	03:50,911	6	04:02,537	7	03:53,715	8	03:54,482	9	03:56,783	10	04:04,229
11	03:59,286	12	03:56,065	13	03:59,957	14	03:57,080	15	03:59,701	16	03:55,828	17	03:51,450	18	03:47,842	19	03:50,123	20	03:49,717
21	03:50,633	22	03:53,848	23	03:54,481	24	03:55,262	25	03:54,649	26	03:55,727	27	04:00,154	28	04:06,878	29	04:14,792	30	04:16,846
31	04:07,859	32		33		34		35		36									

33 INGELO S, RGIO TRINDADE VAL, RIO					MP1 Bikes / Alain Afflelou														
Melhor Volta	3	00:04:11.410	Pior Volta	15	00:05:11.726	Média por Volta	00:04:47.2	Totais	26	02:04:28.482									
1	04:18,030	2	04:13,556	3	04:11,410	4	04:21,328	5	04:32,942	6	04:42,913	7	04:46,648	8	04:45,182	9	04:58,246	10	04:50,808
11	04:51,656	12	04:49,835	13	05:01,334	14	04:54,289	15	05:11,726	16	04:51,336	17	04:56,164	18	04:51,113	19	04:46,394	20	04:50,473
21	05:00,226	22	04:51,843	23	04:52,164	24	04:57,137	25	05:06,319	26	04:55,410	27		28		29		30	
31		32		33		34		35		36									

34 VITOR MANUEL FRUTUOSO CRESPO

Ases do Pedal 3

Melhor Volta	2	00:04:16.890	Pior Volta	20	00:05:49.508	Média por Volta	00:05:07.6	Totais	24	02:03:02.835									
1	04:55,590	2	04:16,890	3	04:17,992	4	04:44,842	5	05:28,771	6	05:19,726	7	05:34,075	8	05:16,978	9	05:23,003	10	05:20,127
11	05:42,119	12	05:22,972	13	04:52,512	14	05:22,162	15	04:40,062	16	05:22,106	17	05:20,179	18	04:39,590	19	05:35,610	20	05:49,508
21	05:16,869	22	04:54,085	23	04:50,239	24	04:36,828	25		26		27		28		29		30	
31		32		33		34		35		36									

36 SILVESTRE EMILIO DA CRUZ SANTANA

G.D.Alegrete/BTTGagas

Melhor Volta	1	00:04:14.571	Pior Volta	7	00:05:34.425	Média por Volta	00:04:39.6	Totais	26	02:01:10.171									
1	04:14,571	2	04:15,276	3	04:18,254	4	04:17,592	5	04:18,105	6	04:29,920	7	05:34,425	8	04:44,174	9	04:39,497	10	04:35,923
11	04:48,790	12	05:00,258	13	04:53,488	14	04:40,774	15	04:34,623	16	04:41,070	17	04:34,197	18	04:39,031	19	04:35,789	20	04:35,771
21	04:33,422	22	04:45,814	23	04:31,719	24	04:49,407	25	04:42,782	26	05:15,499	27		28		29		30	
31		32		33		34		35		36									

37 PAULO ALEXANDRE CALDEIRA SANTOS

A.D.FLOR DA ROSA

Melhor Volta	1	00:03:41.744	Pior Volta	24	00:04:34.530	Média por Volta	00:04:05.4	Totais	30	02:02:43.813									
1	03:41,744	2	03:48,077	3	03:49,913	4	03:44,538	5	03:57,879	6	04:02,658	7	04:03,034	8	03:52,911	9	04:08,121	10	04:13,946
11	04:16,214	12	04:00,240	13	04:02,687	14	04:13,348	15	03:55,244	16	04:11,010	17	03:59,383	18	04:11,390	19	04:00,022	20	04:01,538
21	04:02,667	22	04:03,444	23	04:09,786	24	04:34,530	25	04:11,827	26	04:12,179	27	04:23,449	28	04:20,727	29	04:20,682	30	04:10,625
31		32		33		34		35		36									

38 PEDRO MIGUEL TRINDADE DO CARMO

Individual

Melhor Volta	2	00:03:53.983	Pior Volta	26	00:04:40.602	Média por Volta	00:04:17.0	Totais	29	02:04:14.706									
1	03:58,186	2	03:53,983	3	03:58,525	4	04:05,876	5	04:07,465	6	04:14,829	7	04:10,061	8	04:06,165	9	04:14,089	10	04:09,655
11	04:07,234	12	04:18,758	13	04:10,805	14	04:17,852	15	04:16,679	16	04:15,762	17	04:20,905	18	04:23,574	19	04:14,861	20	04:16,811
21	04:23,034	22	04:20,740	23	04:25,988	24	04:29,628	25	04:31,506	26	04:40,602	27	04:36,312	28	04:29,229	29	04:35,592	30	
31		32		33		34		35		36									

39 RUI MIGUEL DA FONSECA BARRETO

G.D.Alegrete/BTTGagas

Melhor Volta	2	00:04:56.149	Pior Volta	7	00:16:58.567	Média por Volta	00:06:11.2	Totais	20	02:03:45.096									
1	05:04,054	2	04:56,149	3	05:08,649	4	05:08,089	5	05:10,852	6	05:59,684	7	16:58,567	8	05:27,655	9	08:29,737	10	05:12,455
11	05:35,413	12	05:28,960	13	05:47,293	14	05:39,557	15	05:27,669	16	05:51,980	17	05:33,281	18	05:54,940	19	05:30,699	20	05:19,413
21		22		23		24		25		26		27		28		29		30	
31		32		33		34		35		36									

40 LEONEL JOSE RAMOS BATISTA

lasori-pastelaria e padaria

Melhor Volta	28	00:03:56.184	Pior Volta	7	00:04:44.251	Média por Volta	00:04:18.4	Totais	28	02:00:37.739									
1	04:10,635	2	03:56,633	3	04:04,264	4	04:03,492	5	04:18,135	6	04:07,726	7	04:44,251	8	04:14,985	9	04:23,039	10	04:29,238
11	04:18,104	12	04:27,011	13	04:37,383	14	04:37,549	15	04:25,245	16	04:17,472	17	04:24,925	18	04:31,870	19	04:19,530	20	04:14,010
21	04:25,236	22	04:15,172	23	04:24,961	24	04:13,758	25	04:11,571	26	04:12,459	27	04:12,901	28	03:56,184	29		30	
31		32		33		34		35		36									

42 FRANCISCO CALHA CEIA

MP1 Bikes / Alain Afflelou

Melhor Volta	2	00:04:09.084	Pior Volta	23	00:05:16.640	Média por Volta	00:04:43.3	Totais	26	02:02:46.053									
1	04:16,607	2	04:09,084	3	04:14,633	4	04:22,271	5	04:22,040	6	04:20,210	7	04:28,810	8	04:40,088	9	05:03,403	10	04:32,176
11	04:39,136	12	04:55,064	13	05:01,613	14	05:15,297	15	05:02,430	16	04:56,269	17	05:06,113	18	05:01,497	19	04:56,050	20	04:52,399
21	04:38,513	22	04:40,134	23	05:16,640	24	04:50,977	25	04:24,446	26	04:40,153	27		28		29		30	
31		32		33		34		35		36									

43 HUGO JOSE VASCONCELOS CEIA					MP1 Bikes / Alain Afflelou															
Melhor Volta	1	00:03:26.419	Pior Volta	32	00:04:03.524	Média por Volta	00:03:45.0	Totais	32	02:00:02.046										
1	03:26,419	2	03:29,203	3	03:29,005	4	03:31,733	5	03:39,365	6	03:30,331	7	03:38,715	8	03:42,732	9	03:42,371	10	03:47,324	
11	03:46,601	12	03:47,279	13	03:44,291	14	03:40,003	15	03:46,696	16	03:51,097	17	03:45,809	18	03:47,117	19	03:46,434	20	03:51,673	
21	03:49,164	22	03:50,680	23	03:52,858	24	03:50,012	25	03:47,623	26	03:55,448	27	03:42,013	28	03:47,538	29	03:51,914	30	03:53,131	
31	03:53,943	32	04:03,524	33		34		35		36										

44 JULIO MANUEL HENRIQUE CEIA					Ases do Pedal 3															
Melhor Volta	2	00:04:29.403	Pior Volta	16	00:05:49.980	Média por Volta	00:04:48.1	Totais	25	02:00:02.988										
1	04:32,642	2	04:29,403	3	04:33,699	4	04:44,147	5	04:56,917	6	04:51,057	7	04:42,516	8	04:43,898	9	04:56,489	10	05:07,822	
11	04:52,078	12	04:29,556	13	04:38,809	14	04:31,532	15	04:44,368	16	05:49,980	17	04:41,932	18	04:48,467	19	04:58,852	20	04:39,793	
21	04:56,244	22	04:40,841	23	04:49,884	24	04:46,400	25	04:55,662	26		27		28		29		30		
31		32		33		34		35		36										

45 ANTÔNIO JOÃO BICHO VELEZ					MP1 Bikes / Alain Afflelou 1															
Melhor Volta	3	00:03:22.885	Pior Volta	16	00:10:29.439	Média por Volta	00:03:48.8	Totais	32	02:02:01.662										
1	03:41,378	2	03:22,994	3	03:22,885	4	03:33,134	5	03:32,962	6	03:27,678	7	03:30,695	8	03:29,775	9	03:35,880	10	03:37,607	
11	03:33,149	12	03:38,665	13	03:40,638	14	03:41,729	15	03:41,216	16	10:29,439	17	03:31,502	18	03:30,693	19	03:31,094	20	03:27,814	
21	03:34,102	22	03:32,879	23	03:34,726	24	03:43,596	25	03:39,507	26	03:39,902	27	03:42,539	28	03:47,169	29	03:43,779	30	03:43,954	
31	03:39,584	32	03:38,998	33		34		35		36										

46 JOÃO ALEXANDRE TRANSMONTANO LARANJO					Rodas S.Mamede															
Melhor Volta	10	00:03:53.817	Pior Volta	8	00:08:19.968	Média por Volta	00:05:18.9	Totais	23	02:02:15.753										
1	05:34,614	2	04:51,842	3	05:06,842	4	05:08,048	5	05:18,512	6	05:23,525	7	05:32,315	8	08:19,968	9	04:07,002	10	03:53,817	
11	04:14,297	12	04:34,647	13	04:53,781	14	05:16,184	15	05:21,177	16	05:32,513	17	05:09,275	18	06:01,490	19	05:32,311	20	05:28,506	
21	05:44,331	22	05:41,114	23	05:29,642	24		25		26		27		28		29		30		
31		32		33		34		35		36										